



## Spring Retreat

Every year we come together, usually in May, for a four-day retreat, held in a rural location and offering a time for regeneration in the presence of friends, old and new. Options include walks, small interactive groups, companionship, art activities, poetry, some peer-presented learning, fun, dancing, time alone, and personal primal work (peer-facilitated).



### ***Making a Difference***

The IPA is an organization that fosters deep personal healing, which in turn fosters the healing of our larger communities. Now, more than ever, we are committed to spreading the word about healthy emotional living. Many of our projects and activities, such as the newsletter, internet support group, membership directory, and peer group development are focused on enriching our community life. Other initiatives, such as our website, worldwide contact network, therapist referral list, annual conventions, and regional retreats are also intended to make primal life more available to those in need. We are dedicated to making a difference in members' lives and to bringing increased primal awareness to the world.

### ***Who We Are***

The IPA is a non-profit organization founded in 1973. Its membership is made up of professional and lay persons interested in exploring primal expression and other forms of deep feeling psychotherapy and growth. Members come from a broad cross section of backgrounds, occupations, and interests. Those sharing or seeking this path of self-discovery often enjoy the social events and joyous community activities offered.

### ***We Aspire to be Integrated and Whole***



When human beings function as an integrated whole, they easily display *peacefulness, openness, joy, and clarity*, as shown in the above photos. We believe that primal healing is usually essential to regain such wholeness. (Above four pics are not of members.)

### ***IPA Statement of Purpose***

The purpose of the International Primal Association (IPA) is to explore, study, research, and promote forms of psychotherapy and growth, including those that emphasize uncovering and resolving traumatic experiences, and to develop a community that is congruent with the principles developed from this work.

# International Primal Association



**Toll-Free Telephone: 1-877- PRIMALS**

**Email: [info@primals.org](mailto:info@primals.org)**

**Website: [www.primals.org](http://www.primals.org)**

## Services to the Public

We offer to the public hundreds of educational articles, a yearly convention, an annual spring retreat, twice-yearly newsletters, listings of member services, a primal reading list, a referral list, and public speakers.



## Membership Benefits

*All the above services to the public plus:*

- Belonging to a caring community***
- Discounts on conventions and retreats*
- Event scholarship opportunities*
- Internet support group "E-mail"*
- Certification program*
- Opportunity to attend board meetings*
- Voting in the annual meeting*



Please visit our website [www.primals.org](http://www.primals.org) for much more detailed information about all the services offered both to the public and to members.

The IPA respects and appreciates the pioneering work of Arthur Janov. However, the IPA is not affiliated in any way with Arthur Janov or with his past or current primal centers.



## Summer Convention

Our annual convention, usually held in late August, is the highlight of the year's activities. Located in conference and retreat centers in secluded rural settings, the convention brings together members and friends from around the world, to share, learn, and celebrate. This six-day event is a rich offering of experiential workshops, seminars, small group activities, expressive arts, dance, companionship, sandplay, community events, and peer-facilitated primal growth. Details about the convention are published in the newsletter and on our [www.primals.org](http://www.primals.org) website.



Membership dollars and our dedicated community of members make all this, and more, possible. Official business is conducted by an elected board of directors, although IPA development is directed by the welcomed input and involvement of all members. We are a fully volunteer, community driven, organization.

## Membership Dues

	<u>Single</u>	<u>Joint</u>
Lifetime Membership	\$1000	\$1500
Annual Membership (based on income)		
\$100,000 or more	\$ 110	\$ 165
\$50,000 - \$99,999	\$ 75	\$ 112
\$25,000 - \$49,999	\$ 50	\$ 75
\$15,000 - \$24,999/Overseas	\$ 25	\$ 37
Less than \$15,000	\$ 15	\$ 22

## Membership Application

To apply online and pay via PayPal (no account required), please go to: <http://www.primals.org/membership.html>

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Prov \_\_\_\_\_

Zip/postal code \_\_\_\_\_ Country \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Credit card # \_\_\_\_\_

Exp date \_\_\_\_\_

Send form and check or credit card info to: **Warren Davis, IPA Treasurer, 5539 Columbia Pike #816, Arlington, VA 22204, USA.** (For online payment, please see above link.)