



International  
Primal Association

# LOSS **and** *Renewal*



47th Annual  
***Summer  
Convention  
and Retreat***



August 6-12, 2019  
Virden Retreat Center  
Lewes, DE

We invite you to the 47th Annual IPA Summer Convention and Retreat! The theme for this year is **Loss and Renewal**. Loss is an integral part of life. The more we can grieve our losses, the more easily we can move through them and embrace our new realities. The IPA Convention and Retreat offers multiple opportunities for healing loss at all levels.



We provide an action-packed six days, and invite you to participate in as many or as few activities as you choose. Some of us may visit the beach daily; others may take advantage of the opportunity to dig deep into personal issues. With a generous selection of creative, therapeutic and fun activities, we truly offer something for everyone.

In addition to the activities described, we have a talented group of bodyworkers on staff and daily raffles for a free massage. This year's selections include acupuncture, Alexander Technique, CranioSacral, traditional massage and Trager.

Tina Kimmel and Jean Rashkind, Co-Chairs



*Virden Retreat Center*



**International  
Primal Association**  
a non-profit corporation  
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Warren Davis  
5539 Columbia Pike #816  
Arlington, VA 22204



### **Walking with Alex**

at 7 a.m. every morning.

### **Men's/Women's Group**

after breakfast every day.

**Mat Track** for primal process each morning.

**Nightly Community Meeting** The community meets to greet newcomers and review programs for the following day.

**Peer Groups** offer an opportunity for processing the day's activities and connecting with a small number of people in an intimate setting.

**Jam Sessions** every evening. Bring your musical instruments.

**Cabaret**

**Dance Party**

## Featured Presenters

### **Karyne Wilner, PsyD**

#### *What the Body Reveals*

The body is an authentic expression of your physical, emotional, and mental state. In this interactive presentation Dr. Wilner will teach us the basics of how to conduct a body reading and how to interpret what the body is revealing.

Dr. Wilner is an international presenter and Director of the Core Energetics Academy in Newport, RI.

### **James Prescott, PhD**

#### *Sensory Deprivation and the Developing Brain*

Sensory deprivation in early infancy profoundly effects development on all levels. Dr. Prescott will present a DVD which demonstrates the effects of deprivation on infant monkeys.

James W. Prescott, Ph.D. is a developmental neuropsychologist and cross-cultural psychologist with a lifetime of advocating for children and against institutionalized violence.

### **Lynn Turner, PhD, LCSW**

#### *Processing Loss through the Enneagram*

Dr. Turner will teach us the strategies used by each of the nine Enneagram types for dealing with loss. She will also be available to help you determine your type.

Lynn Turner has been working with individuals, couples and families for over 25 years. Emotional healing and the Enneagram form the backbone of Lynn's work with clients and groups.

## **A Sample of Workshop Choices**

*Julie Eliason* leads us with paint and brushes in **Using Art to Process Grief**.

**Discover the Wisdom Your Body Holds and Your Blocks to Loving** – a mini Shalom workshop with *Tricia Wassel*.

**Sandplay:** place objects in the sand to reveal you and to integrate your process, with *Marie Regis*.

What you would do if you had only **One Month to Live**? What are your beliefs about **The Afterlife**? Explore with *Rick Benson* and *Brian Stark*.

**What is Primal Integration?** *Dianne Arman* will teach the basics.

**Laughter Heals!** Create whimsical characters through simple movement and theater games with *Anne Bassen*.

**Paying Homage to Our Influences**—including (for many of us) the late, beloved IPA poet *Harriet Geller*—in Poetry with *Maria Williams*.

The IPA operates within an educational framework. We do not offer therapy. Attending an IPA event requires adequate emotional stability to be able to maintain safety for yourself and others. If you have any questions, call our toll-free line at 1 877 PRIMALS.



### **Virden Retreat Center**

700 Pilottown Road  
Lewes, DE 19958

Part of the University of Delaware, the Virden Center is located in the tranquil wetland outside of historic Lewes, Delaware. Virden has been totally updated and is

designed to reflect coastal style with an easy and open layout, indoors and out, with plentiful sun and sea air. The residential quarters have 23 well-appointed rooms with king, queen and twin bed configurations, private baths and screened-in porches. Virden serves well-prepared, delicious food in an inviting dining room.

*Downtown Lewes*



47th Annual  
**Summer Convention  
 and Retreat**

**August 6-12, 2019**

Tuesday through Monday

Annual Income	Six-Day Reduced Rate	Daily Rate
UP TO \$15,000	\$395	\$75
\$15 - \$50,000	\$555	\$100
\$50 - \$100,000	\$740	\$135
ABOVE \$100,000	\$890	\$160

**Registration Early-Bird Member Rates**

Rates include meals and all Convention activities • Add \$10/day if paid after July 19th  
 Non-members add \$15/day • Single rooms add \$50/day (limited availability)

NAME OF REGISTRANT \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE/PROV. \_\_\_\_\_

ZIP/POSTAL CODE \_\_\_\_\_

COUNTRY \_\_\_\_\_

E-MAIL \_\_\_\_\_

PHONE \_\_\_\_\_

HOW DID YOU HEAR OF THE IPA? \_\_\_\_\_

DAYS ATTENDING:  TUE/6  WED/7  THUR/8  FRI/9  SAT/10  SUN/11  MON/12

FIRST MEAL ON ARRIVAL DAY: B L D      LAST MEAL ON DEPARTURE DAY: B L D

SPECIAL FOOD NEEDS \_\_\_\_\_

I AM SHARING A DOUBLE ROOM WITH \_\_\_\_\_

I AM SHARING A TRIPLE ROOM WITH \_\_\_\_\_

I AM REGISTERING FOR \_\_\_\_\_ OVERNIGHTS \$ \_\_\_\_\_  
 TOTAL NUMBER OF

PLEASE ALSO REGISTER:

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

OPTIONAL TAX-DEDUCTIBLE DONATION TO THE IPA \$ \_\_\_\_\_

**TOTAL (US FUNDS ONLY) \$ \_\_\_\_\_**

PAY VIA PayPal: <http://www.primals.org/convention.html#conventionpay>

PAY VIA Credit Card:  VISA  MASTERCARD  DISCOVER

CARD # \_\_\_\_\_

EXP DATE \_\_\_\_\_

SEC. CODE \_\_\_\_\_

PAY BY CHECK (IN US FUNDS) payable to IPA, AND MAIL TO:

Warren Davis, 5539 Columbia Pike #816, Arlington, VA 22204

FOR MORE INFORMATION: 877-PRIMALS