Dear IPA Members and Friends,

Please join us for the IPA Summer Conference and Retreat 2023. We are delighted to meet again in person this summer. The theme of the Conference is **Together at Last: Returning to Safe, Supportive Community**. We will enjoy comfortable double rooms and delicious food.

Everyone who attends has the opportunity to lead or suggest a workshop that would interest some others. We welcome Primal or related presentations as well as activities focusing on movement, the arts, our verdant and intriguing surroundings, and whatever else would enhance our experience. Workshops may also incorporate Primal Theater, poetry, authentic movement, psychodrama, or Nonviolent Communication, to name a few. Workshops that have been scheduled in advance include: Enneagram types, Integrative Breathing, Art Expression, Core Energetics, and Emotional Pressure Points. In addition, there will be Mat Track (facilitated Primal group), men’s and women’s groups, and smaller peer groups every day. In the evenings, we will make music, perform for one another in Cabaret, and dance at the closing party.

The retreat begins on Sunday evening (5 pm check-in, dinner at 6 pm). **Everyone will be required to take a COVID-19 test upon arrival. No one with a positive test result will be allowed to stay at the retreat.** On Sunday we will decide on most of the activities for the week, so we hope you will be there to offer your own workshops or to ask for what you want. The retreat ends Saturday after lunch (2 pm check-out).

Although the costs to hold the retreat have increased significantly, we are offering the summer retreat at 2019 pricing, in order to decrease any financial burden to those wanting to attend.
During the retreat, the IPA’s Annual Membership Meeting and elections will take place Thursday evening, August 17, 2023.

Warmly,

Tricia Wassel
Outreach and Event Coordinator

### IPA Membership Annual Dues

<table>
<thead>
<tr>
<th>Annual Income</th>
<th>Single Membership</th>
<th>Joint Membership</th>
</tr>
</thead>
<tbody>
<tr>
<td>$100,000 or more</td>
<td>$75</td>
<td>$112</td>
</tr>
<tr>
<td>$50,000 - 99,999</td>
<td>$50</td>
<td>$75</td>
</tr>
<tr>
<td>$25,000 - 49,999</td>
<td>$25</td>
<td>$37</td>
</tr>
<tr>
<td>Less than $25,000</td>
<td>$15</td>
<td>$22</td>
</tr>
</tbody>
</table>

Memberships are on a calendar year basis.
To qualify for a Joint Membership, both members must live at the same address and pool resources.

Lifetime membership available for $1,000 (single) or $1,500 (joint). Payable over 5 years.
Overseas Memberships are also available for $25 per year, even if annual income exceeds $50,000.
Membership dues are tax deductible.
Dues cover the calendar year from January to December.
Add $20 if paying with checks or money orders through non-US banks.
IPA MEMBER CONFERENCE RATES

Fees include room and board and are all subsidized by the IPA and vary depending on your personal income. The rates (available till July 24th) are:

<table>
<thead>
<tr>
<th>Income Level</th>
<th>Full 6-night Price</th>
<th>Daily Rate (for shorter stays)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below $15k</td>
<td>$395</td>
<td>$75/night</td>
</tr>
<tr>
<td>$15k - $49,999</td>
<td>$555</td>
<td>$100/night</td>
</tr>
<tr>
<td>$50k - $99,999</td>
<td>$740</td>
<td>$135/night</td>
</tr>
<tr>
<td>Above $100k</td>
<td>$890</td>
<td>$160/night</td>
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</tbody>
</table>

After July 24, add $10/day. Non-members, add $30/day or consider joining for the calendar year 2023 and save the non-member surcharge (to become a member, go to the webpage [www.primals.org/membership.html](http://www.primals.org/membership.html) or contact Warren Davis at treasurer@primals.org or at 443-468-4272). Single rooms add $50/day (limited availability). After August 4th, or at the door pricing, add $25 per day. No dietary restrictions can be accommodated for late registration.

Virden Retreat Center
1155 College Dr.
Lewes, DE 19958
Phone: (302) 645-4100

Registering for IPA’s 2023 Summer Conference and Retreat

There are three ways to make a payment.

1) By credit card:
   Contact Warren Davis at treasurer@primals.org or by phone at 443-468-4272.

2) By PayPal: Go to [http://www.primals.org/conference.html#conferencepay](http://www.primals.org/conference.html#conferencepay)

3) By mail: Please return the form on the following page below with full payment to:

   International Primal Association
   c/o Warren Davis
   5539 Columbia Pike #826
   Arlington, VA 22204

   In order to ensure we have your rooming and dietary requests, PLEASE RETURN THE REGISTRATION PAGE BELOW REGARDLESS OF YOUR FORM OF PAYMENT.
Registration for IPA Summer Conference and Retreat 2023

Name(s) ____________________________________________
Address ____________________________________________
_____________________________________________________________________________________________________
Email ____________________________________________
Phone ____________________________________________

Current Member? Yes _____       No  _____

Nights attending (please circle):
Sun  Mon  Tues  Wed  Thurs  Fri

Roommate requests____________________________________

Dietary restrictions ____________________________________

Note: while efforts will be made to accommodate your dietary restrictions, the retreat center cannot guarantee accommodation. Please bring supplemental foods if your restrictions are not easily accommodated.

Credit Card Type (Amex not accepted) ____________
Card # ____________________________________________
Expiration Date ____________
Last 3 digits on back ____________

Payment Amount Due:
Rate ____________ x _____ person(s) = ____________
IPA Membership Dues (see above) ____________
Total Payment ____________________________________

Please make your check payable to IPA in US funds. Add $20 if paying with checks or money orders through non-US banks.