**SPECIAL EVENTS** Everyone wins in these fun events!

**Fundraiser Raffle and Auction**: bring items you want to donate to raise money for the IPA Cabaret! Talent show Friday evening; now's your chance to make a you-know-what of yourself. Don't let it pass you by!

**Dance Party Saturday evening**: shake it up and out! Medicine Wheel, Sweat Lodge and Fire Circle options

Nothing's written in stone Because we're printing this brochure early, Primal Paths Beyond Talk Therapy will undoubtedly add new programs not appearing here. To be one of those programs, contact:

Denise Kline, Convention Chair
301 S. Mont Valla Ave.
Hagerstown, MD 21740.
301-791-9237.
MessageArts@aol.com

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**PRIMAL PATHS BEYOND TALK THERAPY**

Monday, August 4 through Sunday August 10, 2008

International Primal Association
Sevenoaks Pathworks Center
Madison, Virginia

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You are invited to **Primal... Paths Beyond Talk Therapy**. The practices of many therapists, primal educators and peer primalers who make up the 2008 International Primal Association Convention constitute these paths. You and these divergent modalities will, in the words of a Doug Cotler song, "blossom round the table like petals on a flower." Like the Impressionist salons of Europe, each creates a different picture with common themes and unique styles. Join us to learn new techniques and to experience...

Denise Kline, J.D., Ph.B.
2008 Convention Chair

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**Workshops in:**

- Emotional Release
- Primal integration
- Bonding Psychotherapy
- Core Energetics
- Safe Conflict Resolution
- Grief and "Saying Goodbye"
- Post-Traumatic Stress
- The Secret and Primal Therapist Discussion Groups
- Nonviolent Communications
- Trager "Mentastics"

**Supporting Growth and Healing Through Deep Feeling Process**

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"Freeing Your Voice and Opening the Heart" will be the Keynote Address by Roger Tolle on Tuesday afternoon, August 5. This will include brief hands-on exercises and some introduction to the flowing world of Trager movement. Saturday, Roger will present a workshop featuring "Mentastics" experiences toward "Living Your Fullness."

Roger Tolle has been teaching the Trager® Approach internationally since 1987. For many years he had a private practice in New York City. When not on the road teaching, he maintains a part-time practice in Charlottesville, Virginia. He has a B.A. in Theatre/Movement and brings to his teaching and practice a fluidity, playfulness and elegance from 15 years of professional dancing, as well as authenticity, clarity and simplicity from Mentastics movement meditations.
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"Do We Ever Outgrow the Need for Supervision?"
Julia Mitchell and Clare Gill will present a workshop on supervisory practice, addressing issues such as client/therapist relationship, transference, boundaries, and differences between consultation and supervision. Their format will be teaching, discussion and group participation. Julia and Clare both practice as primal facilitators and supervisors in Ireland. This is their first visit to an IPA convention.

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WORKSHOPS
A Good Goodbye, Mary Dell A primal therapist with an MA in Marriage, Family, and Child Therapy, Mary co-authored Goodbye Mother, Hello Woman: Reweaving the Daughter Mother Relationship in 1996, and is now finishing a book on dying. This is an experiential workshop to help clear the way towards a conscious goodbye to meaningful others and to your self.

Subpersonalities, Esta Powell “Who are the people inside of you?” asks Esta. Her workshop will explore our ‘internal theater’ and how to bring peace among the subpersonalities in it. Esta has practiced primal, psychodrama and other therapies for nearly 20 years in Europe and the U.S.

Beyond "The Secret", Mary Spiritt Taylor, CSW was trained by and worked for psychiatrist Daniel Casriel. She has 30 years experience working with clients individually and in groups using primal-type methods. She will address working with underlying issues that could sabotage "The Secret" method.

Core Energetics: Beyond Talk Therapy to Heart Centered Living, Kathleen Scheg, JD, LCPC Certified in Core Energetics therapy, Kathleen will show how its body-centered “evolutionary process” develops and integrates body, mind, spirit, will and emotions.

Resolving Conflict without Having to Process, Chris Wright, MA, LMFT Learn new tools for resolving conflict and tensions together safely.

Multimodal Peer Group Training, Joseph Sandersn, Ph.D. One of the leaders of Bill Smukler’s 40-day primal intensive “Arks”, Joe surveys multiple ways of relieving early life trauma and war-related post-traumatic stress.

New Theory in Bonding Psychotherapy, Virginia Hurney, Co-Vice-President of the American Society for Bonding Psychotherapy (ASBP) and Gestalt group leader since 1997, will present the latest work of German psychotherapist Konrad Strausshe from a 2008 training in Spain.

Nutritional Psychology, Lee Aikin, a certified group leader in psychiatrist Dan Casriel’s New Identity Process (NIP) and a holistic health educator for over 30 years, will cover health-enhancing stress reduction via nutrition, megavitamin therapy and emotional release—crying, etc.

Healing Through Nonviolent Communication, Robert Wentworth will show how such NVC-based emotional healing processes as using the “living energy of needs” boosts the power of primaling and leads to greater freedom and joy.

Open Therapist Discussion Group, Barbara Bryan Director of the Primal Integration Center of Michigan, will lead discussion on such issues as client boundaries and therapeutic presence. Barb will also lead the May’s Landing Pool Party at Sevenoaks’ pond including a perinatal experience with music.

Human Awareness Institute (HAI) Workshop, Ben Farris follows up last year’s popular presentation with an expanded program of intimacy exercises including a clothing optional workshop Thursday or Friday.

Past Lives as a Primal Path to the Present, Dianea Kohl A nurse turned psychotherapist 21 years ago, Dianea will share how regressions to past lives heal present feelings and give meaning to present life. Dianea’s five books include Tears Are Trust...I/ailing to Be Spoken (2007).

Body Awareness, Extending and Receiving from Others, Michael Hurney, LCSW-C and musician offers this experiential workshop, and a sing-along!

Contact Improv, Gene Long, Virginia-based community living advocate, will lead us in contact-based free movement to music. He’ll also DJ Saturday’s dance.

Primal Therapy in the Spiritual Teachings of Thomas Merton, Alice Rose, Ph.D. Author, seminary student, and primal therapist in Atlanta, Alice finds primal parallels in this influential 20th-century American writer and mystic.

Feelings Catharsis, Sandy Weymouth A “buddy” for all occasions, Sandy welcomes participants into the maximally intense physical catharsis of feelings

Daily Activities:
Movement & Yoga, Dianea Kohl, Coordinator
Women’s Group and Men’s Groups Morning, cover anything
Mat Track Morning: pair up, alone, whatever, serious primal
Jungian Sandplay, Marie Regis Little figures in little sand boxes, discover your story
Massage & Mind-Bodywork, Walter Loeb, Anne DeNada, others
Community Meeting Evening, everybody has a voice!
Peer Groups Same small groups every evening, cover everything!

WHERE TO GO
Sevenoaks Pathwork Center
403 Pathwork Way
Madison, VA 22727
540-948-6544
sevenoaks@sevenoakspathwork.org
I-66 out of DC to Exit 43A, 50 plus miles south on 29, right on Seville Road, route 621, less than a mile, Sevenoaks on left.

For DC: Dulles or Reagan National airports, buses and trains, contact Leonard Rosenbaum, 202-393-2885, leonardleonard1@earthlink.net
Or stop at Sandy Weymouth’s newly expanded place in northeastern Maryland, just off I-95 before and after Convention (or any time). Easy run to both Philadelphia and Baltimore-Washington (BWI airports. About three hours from Sevenoaks. All go together!

Sandy Weymouth
The Woods Place
55 Patrick Ward Drive
Rising Sun, MD 21911-2616
sandyw@ixmd.com

More on rates (see below left)
Special one day, no overnight: $75.00
Distance discount, overseas and over 1000 miles deduct 10%
Tenters/RV deduct $10/day; offsite deduct $20/day
All fees payable in full upon registration. US funds only

2007 Convention photos: J.J. Jackson
Brochure design: Sandy Weymouth
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**Registration**

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Where did you learn about the IPA? 
Circle days attending: M/T/W/Tu/F/S S/Su
Circle arrival day first meal: breakfast lunch dinner
Circle departure last meal: breakfast lunch dinner
Discounts, circle if applicable: offsite distance tent/ RV

Special food needs (allergies, vegetarian, etc.) 
Semi/private, sharing with 

Register me for ___ days $ ___

Optional donations
IPA Scholarship Fund $ ___

IPA Development Fund $ ___

Total $ ___

Credit cards 
Circle one: Visa MC
Card #: 
Exp date: 3-digit sec code

Please send this form and check or money order made out to the IPA to: 

International Primal Association
811 Whann Avenue
McLean, VA 22101
USA
703-734-1405
wmwhitesell@gmail.com

Above prices are for dormitory accommodations.
Semi-private room, please add $25 per day.
Non-members of the IPA, please add $10 per day.
See www.primals.org for membership info.
One day runs from dinner through the following afternoon.
Daily fee includes meals, lodging, all workshops and activities. Bedding provided. Please bring towels for outdoor use. More on rates above registration form.

**2008 IPA Summer Convention rates**

<table>
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<th>Number Early Bird, if paid in full of days</th>
<th>Payment after of days</th>
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All fees payable in full upon registration. US funds only

Refunds, minus $50.00 cancellation fee, with written request by July 3